

ACTIVITY REPORT FOR 2019

1. Introduction

The Social Work Foundation of the Irish Dominican Sisters is a private social solidarity institution, assuming the legal form of "Social Solidarity Foundation" approved by the Diocesan Ordinary of Lisbon, endowed with legal personality and constituted without any profit purpose, under the terms of the provisions of Statute of Private Social Solidarity Institutions, approved by Decree-Law No. 119/83, of 25 February and updated by Decree - Law No. 172-A / 2014 of 14 November, complemented by Law No. 76/2015. The Foundation was recognized as a Collective Person of Public Utility, by Declaration published in nº 267 of the" Diário da República," III Series, on November 15, 1993.

It is a Foundation established by religious confessions, in this case by the Catholic Church, being regulated by the law of Religious Freedom and by the Concordat between the Portuguese Republic and the Holy See, having been constituted with the purpose of giving organized expression to the moral duty of solidarity and of justice among individuals, especially in the area of education and in supporting the most disadvantaged.

Its Statutes were amended and approved by the Patriarchate of Lisbon, on July 24, 2014. The definitive registration was made on March 16, 2015, according to the IPSS registration regulation, which confirmed that these statutes were in agreement with the new law of 2014. Relevantly, only changes were made in the chapter of the Managing Bodies, accommodating the need for executive management and exercised mainly by laypeople.

Complementing its mission, and as a way of incurring the expenses and charges necessary for the pursuit of its social purposes, the Foundation also manages non-free educational establishments.



All its activities are guided by the principles and rules of the Dominican Sisters of the Congregation of Our Lady of the Rosary and St Catherine of Siena, Cabra, Dublin, Ireland.

2. Statutory Objectives and Activities

In Pursuit of its mission, the Foundation pursues, as main objectives:

- Education, namely in the areas of kindergarden, pre-School and basic education;
- Professional Training and Support to Families and Community, through its project "Familias com Alma"
- Promotion of Christian values with a focus on Dominican spirituality, through pastoral care adapted to the whole community, including its collaborators.

In relation to the social solidarity activities carried out by the Foundation, through the granting of free goods and services or through the payment of benefits adjusted to the respective income of each household, we highlight:

- Organization of education / training projects for children and young people;
- Implementation of professional training actions for people looking for jobs and / or on socio-professional reintegration courses;
- Creation and development of leisure centers;
- Implementation of the teaching of Religion in the respective Centers, adopting a common Catholic and ecumenical approach, so that the centers work in harmony with the values of the Gospel and the Catholic Church



• Participation with other entities in projects aimed at improving the living conditions of the populations

3. Activities Carried on

There are several initiatives that are transversal to the various Centers of the Foundation, highlighting the holding of various training events and sharing of Christian values. Of note in 2019 was the holding of 4 conferences held by our Dominican chaplain, Friar José Nunes, in which many collaborators and families of students participated. We had 3 sessions on the topic "Introduction to the Bible" where the themes were addressed: "The liberating experience in the book of Exodus"; "The creation narratives in the book of Genesis and "Prophetism". In October we had a special conference to reflect on Synods in general and in particular the one related to Youth and Pope Francis' document "Cristo Vive". It was also possible for the fourth consecutive year to bring together several Families, from different centers, and help them prepare for their children's baptism. On the 18th of May the ceremony took place in the Church of São Francisco Xavier, belonging to our parish of Santa Maria de Belém, having been baptized 15 children. It should be noted that in the Church of "Nossa Senhora of Bom Sucesso "the 11 am Mass is held on Sundays, being normally filled with Families, who know the Foundation and the Congregation. In addition to these initiatives associated with the Foundation's Pastoral, the Social Project where all the centers are involved and which we called "Familias com Alma" continued to develop. It is an initiative that started by being fundamentally supportive in terms of inclusion, mainly in terms of food support, to be more global now, betting heavily on the area of training (training and employability) and reducing isolation, especially in Seniors, through the very active participation of the "Oficina de Saberes" academy and children up to 3 years old and their caregivers through the "Open Room" Project.



The activities are carried out at the Centro Sagrada Família (CSF) in Algés, at the "Colégio Bom Sucesso" Center (CBS) and at the "Casinha de Nossa Senhora" Center (CNS), at the facilities of the Nossa Senhora do Bom Sucesso Convent, in Belém. In these last facilities, there is also a Corporate Center, which is responsible for all accounting, reporting information to external entities, and promoting an integrated and efficient management of the Foundation's treasury.

In 2019, the teams from the various centers were often together, and the first managers held monthly meetings to share their experiences, and make decisions with an impact on all the Foundation's centers. It is worth mentioning the reinforcement in the use of the single software for all centres named "Primavera ", allowing integrated solutions in terms of collections, accounting, invoicing, human resources and treasury. The pedagogical software "Inovar" was acquired, which at this stage is being used for CBS. In terms of hardware and computer systems in general, relevant investments in terms of security and performance continued to be made, and an employee specialized in computer topics was hired. The issues related to security, energy, telecommunications, insurance and the relationship with banks continued to be carried out in a more integrated manner and taking full advantage of the negotiating capacity given by the size of the 3 centers. In the management of investments, the implementation of a Plan that ensures the sustainability of facilities in the medium and long term remains very important. In global terms, and taking advantage of the project "Taking care of the common home", measures were taken that meet the various objectives of sustainable development. All Centers carried out a satisfaction survey and in all of them, more than 85% of the parents, who answered, are satisfied or very satisfied

The Foundation's 26th anniversary was celebrated on March 21 with a meeting of the Board of Directors open to the management teams of the various centers and with a thanksgiving mass.



On the 18th of July, an event was held that brought together all the collaborators and several Dominican Sisters. The book "Cristo Vive "from Pope Francis was offered to all participants, and commemorative medals were given to all employees with more than 25 years of work at the Foundation. The Foundation's hymn: Laudare, Benedicere and Praedicare was sung at the Mass presided over by our chaplain.

Investment was made in internal and external communication, namely through the timely updating of the various sites: "Centro Sagrada Família" (www.csagradafamilia.pt), "Colégio Bom Sucesso" (www.colegiobomsucesso.pt), structurally which improved organization and presentation of their information, the website of "Casinha Nossa Senhora" (www.casinhanossas Senhora.pt), and the website of the Religiosas das Obra Social Dominicanas "(www.fosrdi.pt). On these sites, there is all the relevant information, often accompanied by photographs. Below we present some more relevant information on the activities of each Center in 2019:

3.1 Centre "Sagrada Familia"

The "Centro Sagrada Família" (CSF) develops its activity in two main areas: the Educational area, with activities such as kindergarten (for children aged 4 to 36 months), pre-school (for children aged 3 to 5 years) and free time support, and the Social Support area (Famílias com alma) which includes Community Support and Professional Training. The Center's activity is governed by Dominican principles, and aims to help with the Sustainable Development Goals, namely: Eradicate Hunger, Quality Health, Quality Education, Production and Sustainable Consumption and Partnerships for the Implementation of the Goals.

It is located on the grounds of "Quinta do Leonel and Quinta de Santa Marta", in which an area with green spaces and playground stands out. The



building consists of five prefabricated buildings, which contain nursery rooms and corresponding support structures, and a 3 storey building with an auditorium and garden, where the pre-school, the area of vocational training, tecnical offices and other spaces for events open to the community.

The Centre has 42 employees, and It had the support of 4 employees under the Employment-Insertion Contract program, and an average number of 34 employees working in voluntary programs.

At the end of 2019, 100 and 98 children attended the kindergarden and preschool, respectively, with the fourth preschool room being maintained under an extra agreement regime, in order to provide a continuity response to the children who pass through the kindergarden .

The educational project - "Playing with learning", began in the academic year 2019/2020, and will run for 3 years. This choice had to do with the recognition that "Playing" helps in the formation of identity, in the capacity for autonomy, in memory, and especially in the evolution of the imagination.

At the beginning of the school year, a general meeting of parents was held in the auditorium, where the good results of the assessment of satisfaction surveys were shared. The children's assessments for the three school terms were delivered to the parents during the current year, in individuals meetings with the parents

During the year the following dates / events were experienced: World Food Day, Bread for God, St. Martin, Christmas, Kings Day, Carnival, Father's Day, Easter, Tree Day, World Family Day, Mother's Day, World Children's Day, Grandparents' Day and New Year's Eve party. Many of these events were accompanied by visits to outdoor locations with great satisfaction on the part of children and parents.



A program of complementary activities for all ages started in September 2019, so babies and 1 year olds attended physical education and music Education, and children from 2 to 5 years old attended in addition to these two activities, the english activity. The complementary theater activity remains optional, with a group of 13 children from 3 to 5 years old.

In the area of social support, the "Familias com Alma" (FcA) project worked mainly on two axes: In the first, via inclusion and training in the following ways:

In food support, 1082 baskets and 18450 meals were delivered to 58 families representing 148 people, mainly with the help of the Food Bank against hunger and the Food Emergency Program – "Cantina Social", from Instituto da Social Security, IP. Mention should also be made of other food collection campaigns carried out by the F.O.S.R.D.I. community, namely by Colégio Bom Sucesso and "Continente", through very regular collections.

In terms of hygiene and comfort, 294 products were delivered and weekly clothing and footwear distributions were made.

Through the health area, 48 people benefited from specialist ophthalmology consultations or purchase of free lenses and ophthalmological frames.

In the area of employability, 31 sessions of the Active Employment Search Group (GEPE) were held, which were attended by 17 users throughout the year. It was possible to help in the construction and analysis of curricula, in the training of interviews, through workshops, group dynamics and sessions to promote well-being. The partnership established with the "Alcoitão" Professional Training and Rehabilitation Center was important. We actively participate in the monthly meetings of "RedEmprega do Vale de Alcântara", through clarification workshops for technicians and promoting users' access to the employment and recruitment fairs held by partners.



Within the scope of Vocational Training, the partnership with the Union of Parishes of Algés, Linda-a-Velha and Cruz Quebrada-Dafundo was continued to implement awareness actions for the recipients of the Operational Program to Support the Most Needy (POAPMC). The protocol was also continued with the Congregation of the Servants of Nossa Senhora de Fátima, within the scope of its training plan. 57 training actions were carried out, of which 15 corresponded to certified training actions, and 42 actions under the "GEPE" and workshops. The themes of the training actions focused on the areas in which the Center is certified by "DGERT" - Training of Trainers, Personal Development, Support Service for Children and Youth and Information Technology from the User's Perspective. The development of training activities aimed at the general public has contributed not only to the training of supported families, but also to help with the project's sustainability.

In the second axis of the "Famílias com Alma" project, the objective was to reduce isolation. Two important partnerships should be mentioned:

With the "Learn, Play and Grow / Sala Aberta "Groups - in partnership with the Ministry of Education and with the support of the EDP Foundation, it was possible during 2019 to have 3 groups in operation. 67 participants directly benefited from this project. The Oeiras City Council decided at the end of the year to financially support this project, and the center can continue to provide this answer in 2020.

The "Avós e (m) Companhia" project with the Senior Academy "Oficina de Saberes" consolidated intergenerational relationships through workshops and activities, coordinated by a team of professionals, who work together with seniors, children and people with disabilities.

The reality of daily participation throughout the year was 78 Seniors, taking part in theoretical and practical classes, including English, gymnastics, pilates, choral group, information technology, traditional European dances, as well as tours and shows in institutions inside and outside the country. In



September 2019, the project had an important boost through the "Caixa Social de Depósitos" Award. Activities are held weekly between seniors and preschool children. We kept the project integrated in the RUTIS - Network of Senior Universities and in NAUS - Core of Academies of the Senior Universe.

Within the scope of the project "Aldeias que Tocam, Povo que Clama" and with the support of the "Montepio Foundation", two more initiatives were carried out, involving 122 people, in February and October in "Oeiras and Macedo de Cavaleiros" respectively, in line with the "National Year of Collaboration". These initiatives allowed for greater knowledge of the two municipalities, with the main objective of helping each other and sharing best practices.

In the area of volunteering / social responsibility, 11 programs were carried out, in partnership with companies or schools, with a total of 651 participants.

Since 2017, the Center has had the Join4Change Volunteer Seal - Commitment level, with the Portuguese Volunteer Confederation. It is involved in the "Infante Dom Henrique" Prize, in the EDP Foundation Solidarity Schools Network and in GRACE GIRO 2.0, integrated in the Sustainable Development Goals.

In order to raise funds and publicize the "FcA" Project, investment in communication and social marketing was reinforced. Noteworthy as the most relevant events were the 4th Solidarity Walk / Walk for "Familias com Alma", at the National Sports Center of Jamor on May 12 and the Solidarity Festival with the theme "Fantasy World: A March of Enchantment", in June.

Through special events and in many other ways, many partners joined CSF, supporting their projects: "Archipelago Architects, Dafundo Volunteer Firefighters Humanitarian Association, D. Pedro V Association, Auchan Portugal, Banco Alimentar Contra a Fome, Bank of Donated Goods, Blue



Sigma, BNI Grupo Visão, BNP Paribas, BP Portugal, Caixa Geral de Depósitos, Oeiras City Council, Macedo de Cavaleiros City Hall, Casa de Nossa Senhora, Beer and Beverages Center, Jamor National Sports Center, Chubb, Dr. Olívio Dias Medical Clinics, Bom Sucesso College, Continente Bom Dia Restelo, Dariacordar - Zero Desperdício, Entrajuda, Essência d'Fruta, Eurovending, Everything Is New, Portuguese Athletics Federation, Ageas Foundation, Fidelidade Insurance Company, Hotel Ritz Four Seasons Lisbon, EDP Foundation, Montepio Foundation, PT Foundation, GRACE, Hotel Alendouro, ISCTE-IUL, Joaquim Chaves Health, Klepierre, Liga de Algés, Lusoforma, Lusosem, MDD, Nacional Óptica, Norauto, Pastéis de Belém, Oeiras Solidária Program, REMAX, REMAX YES, Rotary Club of Algés, Sanofi Portugal, Schoenstatt, Servilusa - Funerary Agency, Foreigners Service and Borders, Sign Aquarius, St. Dominic's International School, St. George Anglican Church, Staples Portugal, Talenter, Talho 1, União de Freguesias Algés Linda-a-Velha and Cruz Quebrada / Dafundo and Wodify."

CSF applied for 12 awards and lines of credit, namely those promoted by BPI, Caixa Geral de Depósitos Award, the Gulbenkian Awards, the Ideas that Change the World Award from BAYER Portugal, the Manuel António da Mota Award, the Maria José Nogueira Pinto Award, the SIC Esperança Award - Rock In Rio Escola Solar, the Program for the Celebration or Expansion of Cooperation Agreements for the Development of Social Responses and the FACES Montepio Program.

Within the scope of the "National Year of Collaboration", a nationwide initiative, promoted by the Forum for Integrated Governance (Forum GovInt) and its promoters, the Center has included in this annual plan three of its activities / projects: Race / Solidarity Walk, Open Room and the project "Aldeias que Tocam, Povo que Clama". This initiative aims to mobilize and inspire portuguese society, through citizens and institutions, for the strategic relevance of collaboration, both as a way of solving problems and optimizing available resources.



In the area of quality and continuous improvement, the Center continued to maintain the processes implemented in the Integrated Management System. Once again, we highlight the evaluation of customer satisfaction in the educational area, where 97% of the responses to the Satisfaction survey stated that they are satisfied or very satisfied.

With regard to children's personal, social and spiritual development, playful and educational activities continued to be implemented within the scope of the pastoral, promoting values of solidarity, sharing and respect for others. The annual visit to the Sanctuary of "Fatima" was held on September 28 with employees and some volunteers. Among the employees, the weekly reflection meeting on spiritual topics was held.

3.2 Centre - "Colégio do Bom Sucesso"

"Colégio do Bom Sucesso" is a Dominican school that operates on the premises of the Convent of "Nossa Senhora do Bom Sucesso", in Belém. Aware of the importance that training and global education have in the integral development of young people, the College invests in different activities intended to complement the student's cognitive, social, emotional and spiritual learning.

In this sense, the school promotes projects that cover different areas of knowledge / growth / living, consolidating learning in a holistic and current way.

At the end of 2019, the number of permanent employees amounted to 106, being distributed in the following categories:

Headmistress 1	
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Teachers	58
Administrative staff	8
Helpers / Maintenance	35
Pastoral	1
Psychologists	3

Colégio do Bom Sucesso has a long tradition as a Portuguese Catholic school - it has been in operation since 1829 - having reached 755 students

It is important to highlight that this year 94 students were covered by article 54/2018, for programs for students with learning difficulties.

In the Pedagogical area, the theme of Citizenship / Ecology was highlighted. Main themes:

- Ateliers, workshops, study visits, sports activities
- English Week (theme Australia)
- Science Week
- Open Day a large school project developed over a week that involves the entire school community. The theme worked on was the sustainability of the planet ("Sustainable Life")
- Sports Day
- Arraial
- Christmas Party at CCB "I am unique "

Related to the Department of Psychology:



- "Infante D. Henrique Award" 9th grade (4 students)
- Elaboration of Decree-Law 54/2018 processes,
- Training for sexuality Decree-Law 60/2009,
- Vocational orientation
- "Acerta na Letra" program

Pastoral Program / Social Program:

- Adoration of the Most Holy Oriented (monthly event)
- Preparation and celebration of the Profession of Faith, First Communion and Confirmation,
- Rosary in October and May,
- Via Sacra,
- Pilgrimage to "Fátima" 9th year,
- 3rd, 6th and 9th grade retreat
- Collection of food for the Food Bank and the project "Familias com Alma"

Awards and Distinctions:

The 2nd and 3rd cycle students were awarded with the "Honor and Excellence" and "Aluno Bom Sucesso" awards. The ceremony took place in the Church in September.

Professional qualification:

Throughout the year, various training courses were offered to teaching and non-teaching staff, including:

1st Aid - Basic Life Support



virtual school

- Neuroscience Congress, University of Barcelona attended by Prof.
 Vanessa Nunes and Ana Rita Bustorff
- Training in Etwinning Projects

Every year, several meetings are held between school officials. This year, the end of the school year took place in Belém with a "carriage ride" to the Coach Museum where a guided tour was made. Then, there was a snack in the garden of the library of Belém with trophies delivered to the oldest employees.

Partnerships developed with some entities:

- Banda da Armada
- Domus (Senior Citizens Residence)
- Pragal Youth Center
- Belém Cultural Center
- AEEP (Association of Private Education Establishments)
- "Os Maristas" College

Investments:

This year, significant investments were made in the improvement and conservation of buildings and equipment. Noteworthy: the completion of the remodeling of the main entrance of the College, the transformation of the old community room into an arts room, the renovation of the main cafeteria.

Various equipment was purchased, such as a dishwasher and computer equipment. This year, all 2nd and 3rd cycle rooms were equipped with interactive whiteboards. The hiring of a collaborator in the IT area was



fundamental for the reorganization and maintenance of resources and management of procedures in this area.

The image of the College was developed with the new symbol under the designation "Dominican College"

3.3. Centre - "Casinha Nossa Senhora"

The "Casinha de Nossa Senhora" (CNS) is a centre with a Social Response of a Kindergarden Center in the Childhood Area, which completed 22 years of existence in 2019. The Kindergarden has a Social Cooperation Agreement that covers 27 clients / users, having had 44 children during 2019 (full capacity). The number of enrollments in the kindergarden remains very relevant, bearing in mind the scarcity of social responses for children from 0 to 3 years old, in the Belém area (4 institutions) and the sharp demand taking into account the good quality shown by the good results of the Parent Satisfaction surveys. In relation to extra vacancies, the relationship with Colégio Bom Sucesso, whether via employees' children, was very important in a teaching proposal that starts at "CNS" and continues at the CBS.

The Kindergarden is open from Monday to Friday from 8:00 am to 6:00 pm during working days, except for the month of August, in addition to Christmas, Carnival and Easter breaks for cleaning and disinfection of the facilities, and training of employees.

Within the scope of internal training, all employees participated in different training activities, subject to various topics in the area of child development, food hygiene and safety and health and safety at work,



organized mainly by the Centro da Sagrada Família (CSF) and the Association of Childhood Education Professionals (APEI).

The service is provided by professionals, with specific training, under the guidance and supervision of the Institution's Technical Director. The staff is established in order to guarantee the quality and effectiveness of the services, observing the following requirements: to have the necessary and adequate training to carry out the functions performed in all the services provided; have knowledge that guarantees an adequate intervention in specific situations; have communication skills and an easy relationship that allows them to adopt an attitude of listening and observing the needs of children.

Each of the three activity rooms has an Early Childhood Educator and an Educational Action Assistant, except the Nursery room which is supervised and supported by the Pedagogical Coordinator and permanently two Educational Action Assistants. There is also a Cook and a General Services Assistant, with a team of 11 full-time professionals.

There are weekly meetings between the team of kindergarten teachers and monthly meetings with all the helpers of educational activities. Meetings are held between the educator and classroom assistant whenever necessary. The entire team meets four times a year, whenever there are breaks where the themes of the daycare organization, pedagogical matters or those related to the Foundation are discussed.

For Parents were offered workshops on health and nutrition, with a view to establishing continued support for families and creating reliable ties. As usual, two parties took place during the year, one in the summer, celebrating the end of the school year and the other in the winter celebrating Christmas.

Activities with children are previously scheduled taking into account their age, level of development, and socio-cultural reality of the environment in



which they operate, and are in accordance with the pedagogical project defined annually, subject to periodic evaluations. Daily activities will ensure children's physical, emotional and cognitive needs with regard to their physical and emotional security, food, rest, preventive health care, hygiene and comfort, social, intellectual stimulation, and play activities.

In February 2019, we started another complementary activity, in addition to the music and motor expression already existing in the four rooms, with the introduction of English for children aged 2/3 years. These activities are taught by specialized teachers, always with the presence of the group's educator.

The "Casinha de Nossa Senhora" is annually sought as an integration entity for interns, having been carried out in the calendar year 2019, three curricular internships for the Master of Pre-School Education in partnership with the Higher School of Education of Lisbon and also of the professional course of Child Support Technicians, with students who will be equivalent to the 12th grade.

As in previous years, the collaborators were present in various institutional activities of FOSRDI, such as baptisms, Friar José Nunes' conferences, the solidarity race or the celebration of the school year with all the centers present.

Throughout 2019, the objectives set out in the activity plan were achieved. With regard to the schedule of pedagogical activities, the schedules and all activities, tours and events planned in the pedagogical projects were fulfilled. Throughout the year the Kindergarden Centre was supported by two volunteers, a high school student and a former retired assistant.

In terms of investments, there was a bet on improving the conditions of the computer system, with the acquisition of three portable computers and three digital cameras, for each of the kindergarten teachers, thus allowing better communication with the family, through email and the quality of the



child's observation records, namely photographs, videos or other documents.

As every year, improvements were made to the installations in 2019, having replaced all wooden windows, with their respective insulation problems, with aluminum swing windows, with the necessary safety requirements for children.

4. Board of Directors' Meetings

4 meetings of the Board of Directors took place. In all meetings, quarterly accounts were analyzed and approved. The main activity and investment management indicators of each centre were followed by making comparisons with the information from the previous year and the budget, approved in detail and with the involvement of the entire Management Team.

5. Accounts for the year

The Balance Sheet, Net Income Statement and Appendix, correspond to the set of documents of accountability of 2019

The financial statements of the Social Work Foundation of Irish Dominican Sisters were prepared in accordance with the accounting principles recommended in the SNC-ESNL. In summary, the accounts for the year were:

(Amounts in thousands of Euro	s) 2015	2016	2017	2018	2019
Fixed Assets	1 369,4	1 917,9	1 948,2	2 001,8	2 077,2
Current Assets	2 476,0	1 855,9	1 882,3	1 884,3	1 811,5



Total Assets	3 845,4	3 773,8	3 830,5	3 886,1	3 888,7
Total Liabilities	1 121,4	1 231,4	1 187,0	1 255,2	1 206,9
Total net worth	2 724,0	2 542,4	2 643,5	2 630,9	2 681,8
Net Income	23,6	- 147,5	14,5	4,7	50,0

5.1 Net Results

The net result was positive by € 50 42.24, which will increase the Retained Earnings.

6. Relevant facts

On 25 November 2019, the Patriarchate of Lisbon approved the renewal of the current governing bodies for a new mandate for the five-year period 2020-2024.

Similar to previous years and according to the implementation of the code of conduct - anti-fraud measures, there was no occurrence in 2019.

7. Acknowledgments

The Board of Directors thanks:

- The Supervisory Board for its dedication and competence in the exercise of its functions
- To users, students and guardians, their confidence in our ability to meet their needs as users of the foundation's services.
- And expresses its appreciation to all employees and service providers for their performance and very positive attitude.

Lisbon, March 16, 2020